



Breakfast Menu
April 2017

High school/Middle school/Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
Milk served daily Skim 1% Fat Free Chocolate			Menu subject to change without notice	
Muffin Co-Jack Cheese Stick Fresh Fruit Milk	Cereal Bar Hard Boil Egg Choice of Juice Fresh Fruit Milk	Breakfast Pizza Choice of Juice Fresh Fruit Milk	Egg, Sausage, Cheese Flatbread Choice of Cereal Fresh Fruit Milk	Long john Choice of juice Fresh Fruit Milk
Mini Pancakes/Syrup Applesauce Cup Fresh Fruit Milk	Cheese Egg Omelet Toast Fresh fruit Milk	Breakfast Pizza Choice of Juice Fresh Fruit Milk	No School	No School
No School	Pancake/Stick Choice of Cereal Fresh Fruit Milk	Breakfast Pizza Choice of Juice Fresh Fruit Milk	Skillet Frittata Choice of Cereal Fresh Fruit Milk	Banana Bread Yogurt Cup Fresh Fruit Milk
French Toast Sticks/ Syrup Omelet Applesauce Cup Milk	Egg Taco Wrap Choice of Juice Fresh Fruit Milk	Breakfast pizza Choice of Juice Fresh Fruit Milk	Breakfast Cheese Wrap Choice of Cereal Fresh Fruit Milk	Cinn. Twist Choice of Juice Fresh Fruit Milk

USDA is an Equal Opportunity Provider and Employer



Lunch Menu

April 2017

Middle School / High School/Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Menu subject to change without notice</i>		Milk Served daily Skim 1% Fat Free Chocolate		
3 Breakfast for Lunch French Toast Sticks Cheese Omelet Hashbrowns Veggie Bar Strawberries	4 Calzones Steamed peas and Carrots Veggie Bar Fresh Fruit	5 Chicken Dinner Mashed Potatoes Green Beans Veggie Bar Fresh Fruit	6 Blue jay Stackers/ Bun Nacho Chips Veggie Bar Fresh Fruit	7 Cheese Fries/ Dipping Sauce Steamed Cauliflower Veggie Bar Sliced Peaches
10 Mandarin Orange Chicken/with Steamed Rice Mixed Vegetables Veggie Bar	11 W.G. Spaghetti Meatballs/Alfredo Or Spaghetti Sauce Garlic Stick Corn Fresh Fruit	12 California Burger/Bun Cross Cut Fries Veggie Bar Fresh Fruit	13 No School	14 No School
17 No School	18 Chicken Nuggets Flavored Rice Green Beans Veggie Bar Fresh Fruit	19 Meatloaf Mashed Potatoes Creamed Corn Veggie Bar Fresh Fruit	20 Chili/Crackers P.B.J. H.S. Bosco Stick El. Veggie Bar Fresh Fruit	21 Pizza Steamed Broccoli Veggie Salad Bar Pears Fresh Fruit
24 Taco W/G soft Shell or Chips, Refried Beans, Shredded Cheese Veggie Bar	25 Chicken Patty/WG Bun Cross Cut Fries Veggie Bar Mandarin Oranges	26 BBQ Beef/Bun Potato Salad Cole Slaw Veggie Bar Fresh Fruit	27 Hot Dog/Bun Baked Beans Sauerkraut Veggie Bar Fresh Fruit	28 Quesadillas Salsa/Sour Cream Tomatoes Veggie Bar Fresh Fruit

This institution is an equal opportunity provider